

February 11, 2020

**Updated Guidance for Videos Submitted as NIH Application Materials [NOT-OD-20-061](#)**

The National Institutes of Health (NIH) revised the video formats instructions in the NIH Guide Notice [NOT-OD-12-141](#), referenced in NIH Grants Policy Statement Section [2.3.7](#), in order to maintain compatibility with NIH information systems. All other portions of [NOT-OD-12-141](#) and NIH Grants Policy Statement Section [2.3.7](#) remain in effect.

**What has Changed:**

- Effective immediately, post submission videos do not need to be embedded in .pdf files.
- Acceptable formats for videos are .mp4, .mov, .avi, and .wmv.

**What Will Not Change:**

- Videos may only be submitted as post-submission materials and not embedded in or linked from the application materials unless expressly instructed to do so in the funding opportunity instructions/
- If multiple videos are submitted for the same application, the aggregate length must not exceed minutes for single-project applications and 5 minutes for multi-component applications.
- The file size limit remains at 25 MB.

**Related Announcements:**

- [NOT-OD-12-141](#)
- [NOT-OD-19-083](#)

To read the full announcement see [NOT-OD-20-061](#)

